

Pizza bread with ham - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Grain Toast Bread <i>(23 g)</i>	4	Slice of bread	23 g
<input type="checkbox"/>	Full-Fat Camembert <i>(120 g)</i>	0.5	Package	120 g
<input type="checkbox"/>	Chicken Breast Ham <i>(15 g)</i>	4	Slice	15 g
<input type="checkbox"/>	Tomato <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Homogenized Full-Fat Quark Cheese <i>(30 g)</i>	2	Tablespoon	30 g
<input type="checkbox"/>	Fresh Oregano <i>(3 g)</i>	1	Handfull	3 g
