

Raspberry & Banana Omelette - Ingredients

| | NAME | AMOUNT | UNIT | TOTAL WEIGHT |
|--------------------------|--|--------|------------|--------------|
| <input type="checkbox"/> | Whole Chicken Eggs (M) <i>(51 g)</i> | 1 | Piece | 51 g |
| <input type="checkbox"/> | Buckwheat Flour <i>(10 g)</i> | 3 | Tablespoon | 10 g |
| <input type="checkbox"/> | Banana <i>(120 g)</i> | 1 | Piece | 120 g |
| <input type="checkbox"/> | Raspberries <i>(70 g)</i> | 1 | Handfull | 70 g |
| <input type="checkbox"/> | Greek Natural Yogurt <i>(25 g)</i> | 2 | Tablespoon | 25 g |
| <input type="checkbox"/> | Olive Oil <i>(5 g)</i> | 1 | Teaspoon | 5 g |
