

# Low Carb Broccoli Pancakes with Yogurt - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Frozen Broccoli</b> <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	<b>Whole Chicken Eggs (M)</b> <i>(51 g)</i>	2	Piece	51 g
<input type="checkbox"/>	<b>Shallot (Spring Onion)</b> <i>(20 g)</i>	1	Piece	20 g
<input type="checkbox"/>	<b>Greek Natural Yogurt</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	<b>Nutmeg</b> <i>(0.2 g)</i>	1	Pinch	0.2 g

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