

Egg Omelette with Berries - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	2	Piece	51 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Black Blueberries <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Ground Almonds <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Erythritol <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Clarified Butter <i>(1 g)</i>	5	Gram	1 g
<input type="checkbox"/>	Psyllium Husk <i>(10 g)</i>	1	Tablespoon	10 g
