

Pumpkin soup - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Onion <i>(170 g)</i>	0.5	Piece	170 g
<input type="checkbox"/>	Garlic <i>(5 g)</i>	1	Tooth	5 g
<input type="checkbox"/>	Pumpkin, raw <i>(1 g)</i>	180	Gram	1 g
<input type="checkbox"/>	Potatoes <i>(75 g)</i>	1	Piece	75 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	Saffron Threads <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Iodized Salt <i>(0.5 g)</i>	1	Pinch	0.5 g
<input type="checkbox"/>	Cow's Milk 1.5% <i>(1 g)</i>	110	Mililiter	1 g
<input type="checkbox"/>	Nutmeg <i>(0.2 g)</i>	1	Pinch	0.2 g
<input type="checkbox"/>	Thyme, fresh <i>(4 g)</i>	1	Teaspoon	4 g
