

Salad with kale, tomatoes and carrots - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Tomato <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Carrot <i>(50 g)</i>	3	Piece	50 g
<input type="checkbox"/>	Kale <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Parsley Leaves 2 <i>(2 g)</i>	1	Tablespoon	2 g
<input type="checkbox"/>	Wine Vinegar <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Mustard <i>(10 g)</i>	1	Teaspoon	10 g
<input type="checkbox"/>	Bee Honey <i>(12 g)</i>	0.5	Teaspoon	12 g
