

# Hazelnut Waffles - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Oat Bran</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Coconut Flakes</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Erythritol</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Ground Almonds 2</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Psyllium Husk</b> <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	<b>Butter</b> <i>(10 g)</i>	1	Teaspoon	10 g
<input type="checkbox"/>	<b>Water</b> <i>(1 g)</i>	150	Mililiter	1 g
<input type="checkbox"/>	<b>Chopped Hazelnuts</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Hazelnut Butter</b> <i>(1 g)</i>	50	Gram	1 g

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