

# Cottage Cheese and Radish Sandwich + Pear - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Pear</b> <i>(130 g)</i>	1	Piece	130 g
<input type="checkbox"/>	<b>Light Rye Bread</b> <i>(35 g)</i>	3	Slice of bread	35 g
<input type="checkbox"/>	<b>Semi-Fat Quark Cheese</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Radish</b> <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	<b>Butter</b> <i>(1 g)</i>	15	Gram	1 g

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