Farmer's Rice with Chicken and Paprika - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
☐	**Red Bell Pepper** *(200 g)*	2	Piece	200 g
☐	**Chicken Breast Fillet 2** *(1 g)*	2	Piece	1 g
☐	**Leek** *(140 g)*	1	Piece	140 g
☐	**Long-Grain Brown Rice** *(10 g)*	1	Tablespoon	10 g
☐	**Carrot** *(50 g)*	2	Piece	50 g
☐	**Cold-Pressed Rapeseed Oil** *(10 ml)*	2	Tablespoon	10 ml
☐	**Himalayan Salt** *(5 g)*	0.25	Teaspoon	5 g
☐	**Dried Oregano** *(2 g)*	0.5	Teaspoon	2 g
☐	**Provencal Herbs** *(2 g)*	0.3	Teaspoon	2 g
☐	**Dried Rosemary** *(2 g)*	0.3	Teaspoon	2 g
☐	**Ground Chili Pepper** *(4 g)*	1	Piece	4 g