

Vegetable Omelette - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Chicken Eggs (S) <i>(43 g)</i>	4	Piece	43 g
<input type="checkbox"/>	Tomato <i>(170 g)</i>	0.5	Piece	170 g
<input type="checkbox"/>	Red Bell Pepper <i>(200 g)</i>	0.25	Piece	200 g
<input type="checkbox"/>	Olive Oil <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Butterhead Lettuce <i>(5 g)</i>	1	Leaf	5 g
