

Oatmeal with Blueberries and Amaranth - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Almond Milk <i>(1 ml)</i>	250	Gram	1 ml
<input type="checkbox"/>	Highbush Blueberry <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Oat Flakes <i>(1 g)</i>	60	Gram	1 g
<input type="checkbox"/>	Almonds <i>(1 g)</i>	15	Gram	1 g
<input type="checkbox"/>	Puffed Amaranth 2 <i>(1 g)</i>	9	Gram	1 g
