

# Chia Pudding with Pineapple - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Cow's Milk 1.5%</b> <i>(1 g)</i>	250	Mililiter	1 g
<input type="checkbox"/>	<b>Mascarpone</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Pineapple</b> <i>(1 g)</i>	90	Gram	1 g
<input type="checkbox"/>	<b>Black Blueberries</b> <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	<b>Chia Seeds</b> <i>(1 g)</i>	16	Gram	1 g

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