

# Vegetarian potato and vegetable casserole with egg and cheese - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Potatoes</b> <i>(75 g)</i>	2	Piece	75 g
<input type="checkbox"/>	<b>Whole Chicken Eggs (M)</b> <i>(51 g)</i>	1	Piece	51 g
<input type="checkbox"/>	<b>Fresh Spinach 2</b> <i>(1 g)</i>	1	Handfull	1 g
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	0.5	Piece	200 g
<input type="checkbox"/>	<b>Onion</b> <i>(130 g)</i>	0.5	Small piece	130 g
<input type="checkbox"/>	<b>Mozzarella Cheese</b> <i>(15 g)</i>	3	Slice	15 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	<b>Provençal Herbs</b> <i>(0.2 g)</i>	1	Pinch	0.2 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	1	Pinch	0.1 g