

Beetroot sourdough - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Hot Water <i>(1 ml)</i>	1000	Mililiter	1 ml
<input type="checkbox"/>	Water <i>(250 g)</i>	8	Cup	250 g
<input type="checkbox"/>	Ginger <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Lemon <i>(80 g)</i>	1	Piece	80 g
<input type="checkbox"/>	Allspice <i>(1 g)</i>	5	Grain	1 g
<input type="checkbox"/>	Bay Leaf <i>(1 g)</i>	4	Leaf	1 g
<input type="checkbox"/>	Black Pepper <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Non-Iodized Salt <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Cane Sugar <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Carnations <i>(5 g)</i>	1	Tablespoon	5 g
<input type="checkbox"/>	Beetroot <i>(107 g)</i>	8	Piece	107 g
