

Soft-boiled egg with bread and salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	3	Piece	51 g
<input type="checkbox"/>	Wholemeal Rye Bread <i>(30 g)</i>	3	Slice of bread	30 g
<input type="checkbox"/>	Butterhead Lettuce <i>(5 g)</i>	6	Leaf	5 g
<input type="checkbox"/>	Cucumber <i>(35 g)</i>	1	Portion	35 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Dried Oregano <i>(0.1 g)</i>	3	Pinch	0.1 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	1	Pinch	0.1 g
