

Low Carb Chili Con Carne with Carrots - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Ground Pork <i>(1 g)</i>	300	Gram	1 g
<input type="checkbox"/>	Chunky Canned Tomatoes <i>(400 g)</i>	1	Can	400 g
<input type="checkbox"/>	Red Beans (Canned) <i>(255 g)</i>	1	Can	255 g
<input type="checkbox"/>	Red Onion <i>(80 g)</i>	2	Piece	80 g
<input type="checkbox"/>	Garlic <i>(5 g)</i>	2	Tooth	5 g
<input type="checkbox"/>	Tomato Concentrate 30% <i>(25 g)</i>	2	Tablespoon	25 g
<input type="checkbox"/>	Clarified Butter <i>(5 g)</i>	2	Teaspoon	5 g
<input type="checkbox"/>	Dried Oregano <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Dried Marjoram <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Tarragon, Dried <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	2	Pinch	0.1 g