

Tortilla with beetroot cottage cheese - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Radish Sprouts <i>(8 g)</i>	1	Tablespoon	8 g
<input type="checkbox"/>	Cooked Beetroot <i>(1 g)</i>	24	Gram	1 g
<input type="checkbox"/>	Whole Wheat Tortilla <i>(62 g)</i>	1	Piece	62 g
<input type="checkbox"/>	Low-Fat Quark <i>(20 g)</i>	3	Tablespoon	20 g
<input type="checkbox"/>	Chives <i>(5 g)</i>	2	Tablespoon	5 g
