

Fish Greek-style - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Fresh Cod Fillets, Skinless <i>(1 g)</i>	500	Gram	1 g
<input type="checkbox"/>	Water <i>(250 g)</i>	1	Cup	250 g
<input type="checkbox"/>	Onion <i>(170 g)</i>	2	Piece	170 g
<input type="checkbox"/>	Carrot <i>(50 g)</i>	3	Piece	50 g
<input type="checkbox"/>	Celeriac <i>(1 g)</i>	80	Gram	1 g
<input type="checkbox"/>	Parsley Root <i>(80 g)</i>	1	Piece	80 g
<input type="checkbox"/>	Tomato Concentrate 30% <i>(25 g)</i>	3	Tablespoon	25 g
<input type="checkbox"/>	Leek <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(10 ml)</i>	1	Tablespoon	10 ml
<input type="checkbox"/>	Allspice <i>(1 g)</i>	4	Piece	1 g
<input type="checkbox"/>	Bay Leaf <i>(1 g)</i>	2	Piece	1 g
<input type="checkbox"/>	White Salt <i>(1 g)</i>	1	Gram	1 g
<input type="checkbox"/>	Black Pepper <i>(1 g)</i>	1	Gram	1 g
<input type="checkbox"/>	Ground Sweet Paprika <i>(1 g)</i>	1	Gram	1 g