

## Sandwiches with cauliflower paste - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Alfalfa Sprouts</b> <i>(8 g)</i>	4	Tablespoon	8 g
<input type="checkbox"/>	<b>Canned White Beans</b> <i>(20 g)</i>	6	Tablespoon	20 g
<input type="checkbox"/>	<b>Frozen Cauliflower</b> <i>(450 g)</i>	0.5	Package	450 g
<input type="checkbox"/>	<b>Pumpernickel</b> <i>(30 g)</i>	5	Slice of bread	30 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g

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