

## Cream of zucchini soup with lemon peel - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Bulgur</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Potatoes</b> <i>(75 g)</i>	1	Piece	75 g
<input type="checkbox"/>	<b>Zucchini</b> <i>(450 g)</i>	0.5	Small piece	450 g
<input type="checkbox"/>	<b>Parsley Root</b> <i>(50 g)</i>	1	Small piece	50 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> <i>(25 g)</i>	4	Tablespoon	25 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	0.5	Piece	170 g
<input type="checkbox"/>	<b>Garlic</b> <i>(5 g)</i>	2	Tooth	5 g
<input type="checkbox"/>	<b>Dried Oregano</b> <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	<b>Turmeric</b> <i>(2 g)</i>	0.5	Teaspoon	2 g
<input type="checkbox"/>	<b>Fresh Lemon Peel</b> <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	<b>Dried Parsley</b> <i>(4 g)</i>	1	Tablespoon	4 g
<input type="checkbox"/>	<b>White Salt</b> <i>(5 g)</i>	0.5	Teaspoon	5 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g