



Tortilla with Minced Meat and Cheese - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Full-Fat Cheddar Cheese, Grated <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Ground Beef <i>(1 g)</i>	80	Gram	1 g
<input type="checkbox"/>	Iceberg Lettuce <i>(40 g)</i>	1	Leaf	40 g
<input type="checkbox"/>	Avocado <i>(140 g)</i>	1	Piece	140 g
<input type="checkbox"/>	Tomato <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Ground Sweet Paprika <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Tabasco Sauce <i>(1 g)</i>	1	Portion	1 g
<input type="checkbox"/>	Whole Wheat Tortilla <i>(62 g)</i>	2	Piece	62 g