



Rice with Hazelnuts and Sesame - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Almond Drink <i>(1 ml)</i>	100	Mililiter	1 ml
<input type="checkbox"/>	Hazelnuts 2 <i>(1 g)</i>	1	Teaspoon	1 g
<input type="checkbox"/>	Sesame Seeds <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Flaxseed <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Long-Grain Brown Rice <i>(10 g)</i>	1	Tablespoon	10 g