

Spaghetti with Spinach and Chicken - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Chicken Breast Fillet <i>(140 g)</i>	2	Piece	140 g
<input type="checkbox"/>	Fresh Spinach <i>(1 g)</i>	250	Gram	1 g
<input type="checkbox"/>	Natural Yogurt 2% <i>(160 g)</i>	1	Package	160 g
<input type="checkbox"/>	Whole Wheat Spaghetti <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Onion <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Feta Cheese <i>(180 g)</i>	0.5	Package	180 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(1 ml)</i>	15	Gram	1 ml
<input type="checkbox"/>	Garlic <i>(5 g)</i>	1	Tooth	5 g
<input type="checkbox"/>	Himalayan Salt <i>(5 g)</i>	0.2	Teaspoon	5 g
<input type="checkbox"/>	Black Pepper <i>(1 g)</i>	0.1	Gram	1 g