

Tropical Smoothie - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Orange <i>(240 g)</i>	1	Piece	240 g
<input type="checkbox"/>	Coconut milk <i>(230 g)</i>	1	Cup	230 g
<input type="checkbox"/>	Banana <i>(120 g)</i>	1	Piece	120 g
<input type="checkbox"/>	Mango <i>(280 g)</i>	0.5	Piece	280 g
<input type="checkbox"/>	Coconut Oil <i>(10 g)</i>	1	Tablespoon	10 g
