

Crispy Chicken - Ingredients

| | NAME | AMOUNT | UNIT | TOTAL WEIGHT |
|--------------------------|---|--------|------|--------------|
| <input type="checkbox"/> | Chicken Breast Fillet <i>(1 g)</i> | 200 | Gram | 1 g |
| <input type="checkbox"/> | Long-Grain Brown Rice <i>(1 g)</i> | 100 | Gram | 1 g |
| <input type="checkbox"/> | Greek Natural Yogurt <i>(1 g)</i> | 100 | Gram | 1 g |
| <input type="checkbox"/> | Gluten-Free Cornflakes <i>(1 g)</i> | 50 | Gram | 1 g |
| <input type="checkbox"/> | Cold-Pressed Rapeseed Oil <i>(1 ml)</i> | 10 | Gram | 1 ml |
