

# Thai-style Noodles with Chicken (lighter version) - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Frozen Chinese Vegetable Mix</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Chicken Breast Fillet</b> <i>(140 g)</i>	1	Piece	140 g
<input type="checkbox"/>	<b>Whole Chicken Eggs (S)</b> <i>(43 g)</i>	1	Piece	43 g
<input type="checkbox"/>	<b>Rice Noodles</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Sweet Chili Sauce</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Green Peas</b> <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	<b>Light Soy Sauce</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Sunflower Seeds</b> <i>(8 g)</i>	2	Tablespoon	8 g
<input type="checkbox"/>	<b>Peanuts</b> <i>(15 g)</i>	1	Tablespoon	15 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(1 ml)</i>	10	Gram	1 ml
<input type="checkbox"/>	<b>Chives</b> <i>(10 g)</i>	0.5	Piece	10 g
<input type="checkbox"/>	<b>White Sugar</b> <i>(5 g)</i>	0.5	Teaspoon	5 g