

# Beetroot Carpaccio - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Cooked Beets</b> <i>(500 g)</i>	1	Package	500 g
<input type="checkbox"/>	<b>Feta Cheese</b> <i>(180 g)</i>	1	Package	180 g
<input type="checkbox"/>	<b>Arugula</b> <i>(80 g)</i>	1	Package	80 g
<input type="checkbox"/>	<b>Corn Wafers</b> <i>(5 g)</i>	8	Piece	5 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Sunflower Seeds (Shelled)</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>White Salt</b> <i>(1 g)</i>	1	Gram	1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(1 g)</i>	1	Gram	1 g

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