

## Light Bean Paste Canapés - Ingredients

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|                          | NAME                                      | AMOUNT | UNIT           | TOTAL WEIGHT |
|--------------------------|---|--------|----------------|--------------|
| <input type="checkbox"/> | <b>Tomato</b><br><i>(1 g)</i>             | 120    | Gram           | 1 g          |
| <input type="checkbox"/> | <b>Light Rye Bread</b><br><i>(35 g)</i>   | 3      | Slice of bread | 35 g         |
| <input type="checkbox"/> | <b>Red Beans (Canned)</b><br><i>(1 g)</i> | 80     | Gram           | 1 g          |
| <input type="checkbox"/> | <b>Red Bell Pepper</b><br><i>(1 g)</i>    | 70     | Gram           | 1 g          |
| <input type="checkbox"/> | <b>Lemon</b><br><i>(1 g)</i>              | 40     | Gram           | 1 g          |
| <input type="checkbox"/> | <b>Garden Dill</b><br><i>(1 g)</i>        | 16     | Gram           | 1 g          |
| <input type="checkbox"/> | <b>Olive Oil</b><br><i>(1 g)</i>          | 5      | Gram           | 1 g          |

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