

Chickpea Tikka Masala - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Chickpeas, Cooked or Canned <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	Canned Tomatoes <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	Coconut milk <i>(1 g)</i>	300	Mililiter	1 g
<input type="checkbox"/>	Red Bell Pepper <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	Onion <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Garam Masala Spice Mixture <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(1 ml)</i>	16	Gram	1 ml
<input type="checkbox"/>	Garlic <i>(1 g)</i>	15	Gram	1 g
<input type="checkbox"/>	White Salt <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Ground Sweet Paprika <i>(1 g)</i>	5	Gram	1 g
<input type="checkbox"/>	Ginger Powder <i>(1 g)</i>	5	Gram	1 g
<input type="checkbox"/>	Turmeric <i>(1 g)</i>	5	Gram	1 g
<input type="checkbox"/>	Cayenne Pepper <i>(1 g)</i>	2	Gram	1 g