

# Blueberry Cocktail - Ingredients

---

|                          | NAME                                      | AMOUNT | UNIT      | TOTAL WEIGHT |
|--------------------------|---|--------|-----------|--------------|
| <input type="checkbox"/> | <b>Cow's Milk 1.5%</b><br><i>(1 g)</i>    | 250    | Mililiter | 1 g          |
| <input type="checkbox"/> | <b>Highbush Blueberry</b><br><i>(1 g)</i> | 100    | Gram      | 1 g          |
| <input type="checkbox"/> | <b>Chia Seeds</b><br><i>(1 g)</i>         | 5      | Gram      | 1 g          |

---