



Banana and Spinach Cocktail - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Cow's Milk 1.5% <i>(1 g)</i>	250	Mililiter	1 g
<input type="checkbox"/>	Banana <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	Fresh Spinach 2 <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Chia seeds 2 <i>(1 g)</i>	5	Gram	1 g
