

Lactose-free Peach Milk Cocktail - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Rice Milk <i>(250 g)</i>	1	Cup	250 g
<input type="checkbox"/>	Peach <i>(1 g)</i>	170	Gram	1 g
<input type="checkbox"/>	Puffed Amaranth 2 <i>(3 g)</i>	2	Tablespoon	3 g
<input type="checkbox"/>	Chia Seeds <i>(5 g)</i>	1	Teaspoon	5 g
