

Fit Muffins - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Natural Yogurt 2% <i>(250 g)</i>	1	Cup	250 g
<input type="checkbox"/>	Whole Wheat Flour <i>(150 g)</i>	1	Cup	150 g
<input type="checkbox"/>	Banana <i>(120 g)</i>	0.5	Piece	120 g
<input type="checkbox"/>	Bee Honey <i>(25 g)</i>	3	Tablespoon	25 g
<input type="checkbox"/>	Whole Chicken Eggs (S) <i>(43 g)</i>	1	Piece	43 g
<input type="checkbox"/>	Oat Bran <i>(120 g)</i>	0.25	Piece	120 g
<input type="checkbox"/>	Walnuts <i>(10 g)</i>	3	Tablespoon	10 g
<input type="checkbox"/>	16% Cocoa Powder <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Oat Flakes <i>(110 g)</i>	0.5	Cup	110 g
<input type="checkbox"/>	Baking Powder <i>(4 g)</i>	1	Teaspoon	4 g
<input type="checkbox"/>	Baking Soda <i>(5 g)</i>	0.5	Teaspoon	5 g