

Fish stew and vanilla pudding - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Fresh Cod Fillets, Skinless (100 g)	1	Portion	100 g
<input type="checkbox"/>	Tomato (170 g)	2	Piece	170 g
<input type="checkbox"/>	Red Bell Pepper (200 g)	1	Piece	200 g
<input type="checkbox"/>	Onion (130 g)	1	Small piece	130 g
<input type="checkbox"/>	Eggplant (1 g)	100	Gram	1 g
<input type="checkbox"/>	Garlic (5 g)	2	Tooth	5 g
<input type="checkbox"/>	Tomato Concentrate 30% (15 g)	1	Teaspoon	15 g
<input type="checkbox"/>	Olive Oil (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	Cow's Milk 3.2% (1 ml)	150	Mililiter	1 ml
<input type="checkbox"/>	Wheat starch (10 g)	1	Tablespoon	10 g
<input type="checkbox"/>	Raspberries (70 g)	1	Handfull	70 g
<input type="checkbox"/>	Vanilla, Ground or Vanilla Bean Paste (2 g)	1	Piece	2 g