

Potatoes with herb curd and tomato juice - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Tomato Juice (200 g)	1	Cup	200 g
<input type="checkbox"/>	Tabasco Sauce (1 g)	1	Portion	1 g
<input type="checkbox"/>	Potatoes (75 g)	3	Piece	75 g
<input type="checkbox"/>	Low-Fat Quark (1 g)	125	Gram	1 g
<input type="checkbox"/>	Water (10 g)	2	Tablespoon	10 g
<input type="checkbox"/>	Olive Oil (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	Red Onion (60 g)	1	Small piece	60 g
<input type="checkbox"/>	Parsley Leaves (3 g)	1	Teaspoon	3 g
<input type="checkbox"/>	Chives (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	Ground Sweet Paprika (3 g)	1	Teaspoon	3 g
<input type="checkbox"/>	Granulated Garlic (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	Kiwi (75 g)	1	Piece	75 g
<input type="checkbox"/>	Apple (100 g)	1	Small piece	100 g
<input type="checkbox"/>	Lemon Juice (3 g)	1	Teaspoon	3 g
<input type="checkbox"/>	Cinnamon 2 (1 g)	1	Pinch	1 g