

Oatmeal with kiwi and grapes - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Kiwi <i>(75 g)</i>	1	Piece	75 g
<input type="checkbox"/>	Grapes <i>(10 g)</i>	6	Piece	10 g
<input type="checkbox"/>	Spelt Flakes <i>(10 g)</i>	4	Tablespoon	10 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(150 g)</i>	1	Package	150 g
