

Turkey Spaghetti - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Ground Turkey <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	Whole Wheat Spaghetti <i>(50 g)</i>	2	Portion	50 g
<input type="checkbox"/>	Onion <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Garlic <i>(5 g)</i>	2	Tooth	5 g
<input type="checkbox"/>	Chunky Canned Tomatoes <i>(400 g)</i>	1	Can	400 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	White Salt <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	3	Pinch	0.1 g
<input type="checkbox"/>	Provençal Herbs <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Basil, Fresh <i>(3 g)</i>	1	Handfull	3 g