

# Low Carb Chicken Thighs with Onions and Mushrooms - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Chicken Leg</b> <i>(90 g)</i>	2	Piece	90 g
<input type="checkbox"/>	<b>Fresh Mushrooms</b> <i>(1 g)</i>	250	Gram	1 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	<b>Garlic</b> <i>(5 g)</i>	4	Tooth	5 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Cherry Tomatoes</b> <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	<b>White Salt</b> <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	2	Pinch	0.1 g

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