

# Low-Carb Beef Steak with Beans - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Green Beans</b> <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	<b>Beef Steak</b> <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	<b>Cherry Tomatoes</b> <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	<b>Red Onion</b> <i>(80 g)</i>	1	Piece	80 g
<input type="checkbox"/>	<b>Garlic</b> <i>(5 g)</i>	2	Tooth	5 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Clarified Butter</b> <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	2	Pinch	0.1 g