

# Salmon Nuggets - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Salmon Fillet</b> (200 g)	1	Piece	200 g
<input type="checkbox"/>	<b>Whole Chicken Eggs (M)</b> (51 g)	1	Piece	51 g
<input type="checkbox"/>	<b>Coconut Flakes</b> (1 g)	30	Gram	1 g
<input type="checkbox"/>	<b>Parmesan Cheese, Grated</b> (1 g)	25	Gram	1 g
<input type="checkbox"/>	<b>Coconut Oil</b> (10 g)	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Red Bell Pepper</b> (200 g)	1	Piece	200 g
<input type="checkbox"/>	<b>&lt;i&gt;Crème Fraîche&lt;/i&gt;</b> (1 g)	50	Gram	1 g
<input type="checkbox"/>	<b>Tomato Concentrate 30%</b> (25 g)	1	Tablespoon	25 g
<input type="checkbox"/>	<b>Light Soy Sauce</b> (10 g)	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Erythritol</b> (10 g)	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Cayenne Pepper</b> (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	<b>White Salt</b> (0.1 g)	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> (0.1 g)	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Horseradish</b> (10 g)	1	Teaspoon	10 g