

White Cheese and Greek Yogurt with Oatmeal - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Greek Natural Yogurt <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	Semi-Fat Quark Cheese <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	Oat Flakes <i>(10 g)</i>	4	Tablespoon	10 g
<input type="checkbox"/>	Bee Honey <i>(12 g)</i>	1	Teaspoon	12 g
