



Sandwich with Cottage Cheese, Chives, and Radish - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Grained Quark <i>(20 g)</i>	2	Tablespoon	20 g
<input type="checkbox"/>	Light Rye Bread <i>(35 g)</i>	1	Slice of bread	35 g
<input type="checkbox"/>	Radish <i>(15 g)</i>	2	Piece	15 g
<input type="checkbox"/>	Chives <i>(5 g)</i>	1	Tablespoon	5 g