

Rustic Cheese with Seeds - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Grained Quark <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Greenhouse Cucumber <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	Pumpkin Seeds <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Sunflower Seeds (Shelled) <i>(10 g)</i>	1	Tablespoon	10 g
