

Oatmeal with dried plums (lactose-free) - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Coconut milk <i>(1 g)</i>	250	Mililiter	1 g
<input type="checkbox"/>	Oat Flakes <i>(1 g)</i>	60	Gram	1 g
<input type="checkbox"/>	Dried Plums <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	Pumpkin Seeds <i>(1 g)</i>	10	Gram	1 g
