

## Sauerkraut salad with nuts - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Sauerkraut</b> <i>(1 g)</i>	110	Gram	1 g
<input type="checkbox"/>	<b>Carrot</b> <i>(1 g)</i>	23	Gram	1 g
<input type="checkbox"/>	<b>Walnuts</b> <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	<b>Parsley Leaves 2</b> <i>(1 g)</i>	6	Gram	1 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(1 g)</i>	5	Gram	1 g

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