

Fruit salad with sunflower seeds and pumpkin seeds - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Grapes <i>(10 g)</i>	11	Piece	10 g
<input type="checkbox"/>	Tangerines <i>(65 g)</i>	2	Piece	65 g
<input type="checkbox"/>	Dried Fig <i>(14 g)</i>	2	Piece	14 g
<input type="checkbox"/>	Pumpkin seeds 2 <i>(1 g)</i>	1	Teaspoon	1 g
<input type="checkbox"/>	Sunflower Seeds (Shelled) <i>(5 g)</i>	1	Teaspoon	5 g
