

## Chicken in vegetable sauce - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Chicken Breast Fillet</b> <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	<b>Vegetable Broth</b> <i>(1 ml)</i>	200	Gram	1 ml
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	1	Piece	200 g
<input type="checkbox"/>	<b>Eggplant</b> <i>(300 g)</i>	1	Piece	300 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	<b>Water</b> <i>(1 g)</i>	50	Mililiter	1 g
<input type="checkbox"/>	<b>Long-Grain Brown Rice</b> <i>(1 g)</i>	25	Gram	1 g
<input type="checkbox"/>	<b>Potato Starch</b> <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	<b>Mung Bean Sprouts 2</b> <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	<b>Tomato Concentrate 30%</b> <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	<b>Ketchup</b> <i>(20 g)</i>	1	Tablespoon	20 g
<input type="checkbox"/>	<b>Light Soy Sauce</b> <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(1 ml)</i>	10	Gram	1 ml
<input type="checkbox"/>	<b>Curry</b> <i>(1 g)</i>	8	Gram	1 g
<input type="checkbox"/>	<b>White Sugar</b> <i>(5 g)</i>	1	Teaspoon	5 g