

# Sandwiches with Turkey Ham and Vegetables - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Light Rye Bread</b> <i>(35 g)</i>	3	Slice of bread	35 g
<input type="checkbox"/>	<b>Greenhouse Cucumber</b> <i>(1 g)</i>	90	Gram	1 g
<input type="checkbox"/>	<b>Turkey Ham</b> <i>(13 g)</i>	3	Slice	13 g
<input type="checkbox"/>	<b>Butter</b> <i>(1 g)</i>	10	Gram	1 g

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